

2022 Belvidere Tornados Invitational
Cross Country Meet
Saturday, October 1st
Belvidere, Illinois

Sponsors: Belvidere Tornados Youth Cross Country Team

Race Location: Located at the Cottonwood Shelter (in Belvidere Park), the entrance is off of Locust St

Time: Youth races begin at 10AM. Course walk at 9:15AM. Open/Masters race will start at 8:30AM.

Contact: Rick Menge 815-985-8208 or Anita Koziol 847-373-9133 Email: BelvidereTornadosXC@gmail.com

EVENTS

Age Divisions	Birth Year	Distance	Time (Approx.)
Open/Masters	15 years and Older	3000 Meters	8:30 AM
Primary Girls	2014 - 2016	2000 Meters	10:00 AM
Primary Boys	2014 - 2016	2000 Meters	10:20 AM
Bantam Girls	2012 - 2013	3000 Meters	10:40 AM
Bantam Boys	2012 - 2013	3000 Meters	11:05 AM
Midget Girls	2010 - 2011	3000 Meters	11:30 AM
Midget Boys	2010 - 2011	3000 Meters	11:55 AM
Youth Girls	2008 - 2009	4000 Meters	12:20 PM
Youth Boys	2008 - 2009	4000 Meters	12:45 PM

Times are approximate. Races will be run as quickly as possible. Arrive early.

Youth races may run together depending on number of entries.

AWARDS

Individuals – Primary/Bantam/Midget 1st thru 30th Medals. Youth 1st thru 20th Medals.

Participation Ribbons to all other runners. 1st, 2nd, and 3rd Overall Team Trophies

Open/Masters – Trophies to top male and top female finishers

COURSE : Grass, mostly flat, some hills, some blacktop crossing. Spikes ¼ inch – 5/8 inch

FACILITIES: Restrooms, no dressing facilities. Concessions will be open.

ENTRY FEE: \$6.00 per runner (Cash or Checks payable to Belvidere Tornados)

ROSTER DUE: Complete Electronic Rosters are due by Friday, September 23rd for clubs/teams



Detach below and return to team with payment



2022 Belvidere Tornados Cross Country Invitational
Individual Entry Form

Last Name: _____ First Name: _____ Sex: Male or Female

Birthdate: ____ / ____ / ____ Age Division of Race Entered (see above): _____

Club/School Affiliation _____

Address: _____ City: _____

State: _____ Zip: _____

In consideration of acceptance of my entry, I hereby for myself, my heirs, executors, and my administrators waive, release and forever discharge any and all claims for damages or illness (such as Covid-19) which I may have or occurred to me against the Belvidere Tornados and Belvidere Park District, all cooperating agencies their representatives, agents, and or assignees for any and all damages which may be sustained by me in travel to, participation in and returning from the 2022 Belvidere Tornados Cross Country Invitational Meet.

Signature of Parent/Guardian or Adult Participant

Date _____